

ST. MARY'S HOSPITAL LACOR
P.O BOX 180,
GULU

**Job Description of Clinical & Community
Nutrition Officer**

Short Name: Nutrition Officer

Job Summary

The Nutrition Officer works with other health professionals in assessing the nutritional needs of clients in the hospital as well as in the community and advising on appropriate dietary plans based on individual patient requirements.

Specific Additional Responsibilities

- Perform complete and detailed nutritional assessment of each patient based on health history, medical conditions and energy requirements for comprehensive management of their health problem
- Determine client-specific nutrient & energy requirements with consideration to specific lifestyle, addressing individualised dietary requirements.
- Plan nutritious meal options for individuals with various health needs in health facility & facilitate comprehensive training of care takers/clients on nutritional needs of individuals in their health management
- Assist clients with meal plan development and address their individualised dietary requirements
- Coach individuals in methods of managing chronic diseases with dietary plans (nutrition education and counselling)
- Health educate expectant mothers, nursing mothers and women of child bearing age about their nutritional needs and benefits of breastfeeding infants to the recommended age
- Implementation of supplementary feeding of the moderately malnourished under five, pregnant and lactating mothers
- Create awareness on the importance of good nutrition practices on children and family health in general
- Conduct massive screening for malnutrition for children under five regularly in collaboration with community health volunteers
- Train community health workers and target community on the purposes of good nutrition and health practices
- Support systematic delivery of health and nutrition education messages to the community and facility levels
- Work with local health authorities to ensure regular immunisation of children
- Follow up nutrition programs and prepare relevant reports for stakeholders in the program
- Ensure that food supplements are stored in a safe and secure manner free from contamination and theft
- Manage quality assurance programs including on site evaluations, internal audits & customer surveys
- Carry out home visits for discharged patients to ensure adherence to nutrition program set
- Any other duty that may be assigned by accredited supervisors

Qualifications:

Diploma in Clinical & Community Nutrition from a recognised institution or its equivalent
He/she should be fully registered with the Allied Professionals' Body.

Reports to:

- Nutritionist, In-Charge, Paediatrician

Responsible for:

- Enrolled nurses/midwives
- Nursing Assistant
- Support Staff

Title: Nutrition Officer

Salary Scale: